

Cosmetic Surgery for the Nose



Nose Job Basics

A nose job (technically called a rhinoplasty) is surgery on the nose to change its shape or improve

its function. It can be done for medical reasons -- such as to correct breathing problems related to the nose or correct disfigurement resulting from trauma or birth defects. It can also be done for cosmetic reasons, which will change the nose's shape and appearance.

Deciding on a Nose Job

If you are thinking about getting a nose job, set up an appointment with your surgeon to discuss it. During that meeting, talk about your goals and tell the doctor what bothers you about your nose and how you would like to change it.

Keep in mind that there is no such thing as a perfect nose. Surgery, though, can enhance facial features and emphasize your unique and natural beauty. A plastic surgeon can describe the facial features that make you unique and tell you how changes would enhance your appearance.

The surgeon will evaluate the structures of your nose and other facial features.

After this evaluation, they can tell you if your expectations are realistic.

The surgeon will also consider your overall health and should discuss with you

the risks, recovery time, and costs involved.

There are various techniques for reshaping the nose. Once you decide to go ahead, your surgeon should describe exactly what they propose to do.

If you have health insurance, make sure you

talk to your insurer in advance so you know what's covered and what you will need to pay for. Health insurance typically does not pay for procedures that are done only for cosmetic reasons.